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Lahtela, E.

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Short communication

Disease marker combination enhances patient characterization in the Finnish sarcoidosis patients

E. Lahtela ^{a,*}, A. Wolin ^a, A. Pietinalho ^b, M.-L. Lokki ^a, O. Selroos ^c^a Transplantation Laboratory, Medicum, University of Helsinki, Finland^b Raasepori Health Care Centre, Raasepori, Finland^c University of Helsinki, Helsinki, Finland

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ABSTRACT

Sarcoidosis is an inflammatory disease of unknown etiology and multiple clinical phenotypes. Clinical manifestations range from asymptomatic disease to severe loss-of-function leading to the hypothesis that sarcoidosis might not be just one disease, but consists of several distinct disease entities each with potentially distinct genetic associations. We have previously demonstrated that in our series HLA-DRB1*03:01 and haplotype HLA-DRB1*04:01-DPB1*04:01 are associated with good prognosis sarcoidosis. In our recent work, we found a novel SNP (rs9905945) in the 5'upstream region of the ACE gene to be associated with favorable disease prognosis as well. The main objective of this study was to expand the previous results and analyse combined influence of the found ACE SNP rs9905945 with the protective HLA markers HLA-DRB1*03:01 and HLA-DRB1*04:01-DPB1*04:01 in 188 Finnish sarcoidosis patients (resolved disease, n = 90; persistent disease, n = 98). When combining the frequencies of the rs9905945 and of the HLA markers, the strongest association was found for a combination of either/or both HLA markers and rs9905945 for good disease prognosis (37.1% in resolved vs. 11.3% in persistent, $p < 0.001$, OR = 4.61, (95%CI 2.15–9.86)). In conclusion, we discovered that a combination of the ACE SNP rs9905945 and HLA markers enhance the accuracy for predicting disease course in Finnish sarcoidosis patients further characterizing genetic differences between Finnish sarcoidosis patients with different prognosis.

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To the Editor

Sarcoidosis is an inflammatory disease of unknown etiology and multiple clinical phenotypes. Clinical manifestations range from asymptomatic disease to severe loss-of-function leading to the hypothesis that sarcoidosis might not be just one disease, but consists of several distinct disease entities each with potentially distinct genetic associations [1]. This explains why no single gene or immunological pathway defect has been found. Instead, a wide range of genes have been identified, each contributing to relatively minor effects and to a variety of clinical manifestations and differences in prognosis. Nevertheless, there is strong evidence of genetic influence in sarcoidosis, proposed by family studies and the varying disease incidences in different ethnic groups [2,3].

One of the strongest genetic associations with sarcoidosis has been found in the classical HLA genes in the major histocompatibility complex (MHC, 6p21.3). Associations have been found both in class I [4] and class II [5–7] HLA genes, although the association with class II seems to be more essential. Associations vary from protective to predisposing alleles, or alleles influencing clinical outcomes. Our group has reported that in Finnish sarcoidosis patients class II HLA-DRB1*03:01 and the haplotype HLA-DRB1*04:01-DPB1*04:01 associate with a favorable disease outcome when compared to Finnish control population or between sarcoidosis prognosis groups [8,9]. The primary function of HLA-DR molecules is to present fragments of antigenic peptides to specific CD4⁺ T cells. Peptide-binding groove is an important part of the antigen presentation. In sarcoidosis patients, vimentin peptide has been identified to be presented in HLA molecules [10]. It is hypothesized that vimentin could bind to HLA-DRB1*03 by using residues in pockets 1, 4, 6 and 9 [11]. HLA-DRB1*03 and HLA-DRB1*04 differ in peptide-binding amino acid sequences in these pockets (IMGT/HLA). Thus, association with HLA-DRB1*03:01 and HLA-DRB1*04:01-

* Corresponding author. Transplantation Laboratory, Medicum, POBox 21 (Haartmaninkatu 3), FIN-00014, University of Helsinki, Finland.

E-mail address: Laura.lahtela@helsinki.fi (E. Lahtela).

*DPB1*04:01* might not be solely explained by antigen-presenting.

Angiotensin-converting enzyme (ACE) gene in chromosome 17q23 has also been associated with sarcoidosis in many studies. Most studied polymorphism in the ACE gene is the insertion, I and deletion, D variation [10,12]. Besides the I/D variation, little attention has so far been paid to the role of other ACE variants in relation to sarcoidosis [13]. Previously, our group wanted to extend the knowledge of the ACE gene in sarcoidosis by genotyping 29 single nucleotide polymorphisms (SNPs) spanning the gene from 5'upstream to 3'downstream [14]. These SNPs included tag SNP rs4343 for I/D polymorphism. We found a novel SNP (rs9905945) in the 5'upstream region of the ACE gene. Rs9905945 (C allele) associated with favourable disease prognosis in Finnish sarcoidosis patients further characterizing genetic differences between Finnish sarcoidosis patients with different clinical outcomes. However, when replicating in the Czech sarcoidosis patients, the SNP rs9905945 did not show an association with prognosis of sarcoidosis, possibly reflecting the population-specific genotype distribution.

The main objective of this study was to expand the previous results and analyse the combined influence of the ACE SNP rs9905945 with the protective HLA markers *HLA-DRB1*03:01* and *HLA-DRB1*04:01-DPB1*04:01* in Finnish sarcoidosis patients. The results might offer more accurate prognostic markers for evaluating the disease course in Finnish patients.

Study subjects and patient characteristics have been previously described in detail [9]. In summary, we examined a total of 188 Finnish patients recruited from 17 pulmonary units throughout the country with verified pulmonary sarcoidosis followed-up for 5–15 years and clinically categorized into subgroups based on disease prognosis. The patients were divided into those with a disease resolved within 2 years ($n = 89$) and to those with persisting activity after 2 years ($n = 97$). Disease activity after 2 years follow-up was determined using the generally accepted WASOG (World Association of Sarcoidosis and Other Granulomatous diseases) criteria. All the subjects gave their written informed consent to participate in the genetic association study.

The C allele of the ACE SNP rs9905945, *HLA-DRB1*03:01* and *HLA-DRB1*04:01-DPB1*04:01* were utilized for statistical analyses. Chi-square and Fisher's exact test when appropriate were used to assess significant differences in test marker frequencies (rs9905945, *HLA-DRB1*03:01* and *HLA-DRB1*04:01-DPB1*04:01*) between the groups (persistent disease, resolved disease). The effect of test markers for sarcoidosis prognosis was analyzed with logistic regression analysis (forward stepwise).

The C allele of the ACE SNP rs9905945 on the genotype level showed independent association with good disease prognosis

when tested together with *HLA-DRB1*03:01* and the haplotype by logistic regression (Table 1.). When combining the frequencies of the rs9905945 C phenotypes and of the *HLA-DRB1*03:01* and the haplotype *HLA-DRB1*04:01-DPB1*04:01*, the strongest association was found for a combination of either/or both HLA markers and rs9905945 C allele for resolved disease prognosis (37.1% in resolved vs. 11.3% in persistent, $p < 0.001$, OR = 4.61, (95%CI 2.15–9.86)). When stratifying for HLA markers in persistent and resolved study groups, in the *HLA-DRB1*03:01* stratified group, the rs9905945 C phenotype did not show significantly different frequency between resolved and persistent groups (80.6% in resolved vs. 56.3% in persistent group, $p = 0.096$, OR = 3.24 (95%CI 0.86–12.3)). However, when comparing *HLA-DRB1*04:01-DPB1*04:01* stratified group, the frequency of rs9905945 C phenotype was more common in resolved group (87.5% in resolved vs. 22.2% in persistent group, $p = 0.002$, OR = 24.5 (95%CI 2.83–212.4)). Due to small sample sizes, the stratified groups were combined. In the combined group with either/or both HLA markers, the rs9905945 C phenotype remained significantly more common in resolved group (80.5% in resolved group vs. 44.0% in persistent group, $p0.002$, OR = 5.25 (95%CI = 1.74–15.8)).

In our previous studies, we have demonstrated that Finnish resolved and persistent sarcoidosis patients have different combinations of disease-related HLA markers (*HLA-DRB1*, *-DPB1* and *BTNL2* polymorphism). We showed that combinations of markers had higher distinction capability between severity of sarcoidosis than these markers alone, indicating the need for analyzing not just single association marker, but wider variety of predisposing or protecting factors. In our series, *HLA-DRB1*03:01* and the haplotype *HLA-DRB1*04:01-DPB1*04:01* positive patients are likely to develop sarcoidosis that will resolve spontaneously within two years. Our current study suggests that the novel association between rs9905945 and the good disease prognosis is independent of the *HLA-DRB1*03:01* allele and the *HLA-DRB1*04:01-DPB1*04:01* haplotype. However, the combination of the ACE SNP and HLA markers seems to enhance specificity to detect different disease outcomes compared to HLA markers alone.

To our knowledge, association between ACE and HLA molecules in sarcoidosis has not been found before. The aetiology of the disease is unknown and it is thought to involve a complex interplay between genes. Sarcoidosis is characterized by epithelioid granulomas in affected organs [15]. Current understanding is that antigen-presenting cells present peptides in a way that recognition by CD4 T lymphocytes initiates an inflammatory response resulting in granuloma formation [16] thus, explaining the HLA class II genes in sarcoidosis susceptibility. On the other hand, epithelioid cells in granulomas are the main source of ACE. High serum-ACE levels are

Table 1

Influence of significant good prognosis markers for Finnish sarcoidosis patients; *HLA-DRB1*03:01*, haplotype *HLA-DRB1*04:01-DPB1*04:01* and rs9905945 in the ACE gene region.

Influence of independent HLA markers on disease prognosis	Resolved ^a	Persistent ^a	Resolved vs. Persistent	
	%	%	p	OR (95% CI)
<i>HLA-DRB1*03:01</i> phenotype			0.006	2.74 (1.33–5.64)
<i>HLA-DRB1*04:01-DPB1*04:01</i> phenotype			0.043	2.96 (1.04–8.47)
rs9905945 C phenotype			0.041	2.07 (1.03–4.16)
Influence of marker combinations on disease prognosis				
<i>HLA-DRB1*03:01</i>	34.8	16.5	0.004	2.71 (1.36–5.40)
<i>HLA-DRB1*04:01-DPB1*04:01</i>	16.9	6.2	0.022	3.07 (1.14–8.32)
<i>HLA-DRB1*03:01/HLA-DRB1*04:01-DPB1*04:01</i>	44.9	22.7	0.001	2.78 (1.45–5.24)
rs9905945 C phenotype	79.8	66.0	0.035	2.03 (1.05–3.96)
<i>HLA-DRB1*03:01</i> + rs9905945 C phenotype	28.1	9.3	0.001	3.82 (1.67–8.73)
<i>HLA-DRB1*04:01-DPB1*04:01</i> + rs9905945 C phenotype	15.7	2.1	0.001	8.87 (1.95–40.23)
<i>HLA-DRB1*03:01/HLA-DRB1*04:01-DPB1*04:01</i> + rs9905945 C phenotype	37.1	11.3	<0.001	4.61 (2.15–9.86)

^a Number of subjects: all, $n = 186$; resolved, $n = 89$; persistent, $n = 97$.

widely observed in sarcoidosis and are thought to correlate with granuloma mass and sarcoidosis activity [17] making the *ACE* gene a potential susceptibility factor as well. Epithelioid cells of mucosal surfaces have been shown to act as antigen-presenting cells, presenting MHC class II molecules [18]. Epithelioid cell of granulomas might therefore also present MHC II molecules, thus connecting these two pathways.

In conclusion, we discovered that a combination of the *ACE* SNP rs9905945 and previously reported HLA markers enhance the accuracy for predicting disease course in Finnish sarcoidosis patients further characterizing genetic differences between Finnish sarcoidosis patients with different prognosis. However, probable population specific distribution of the disease associated SNPs must be considered before its potential application to other populations.

Ethics statement

The study was performed with approval of Ethics Committee of the Department of Internal Medicine, Hospital District of Helsinki and Uusimaa, Finland.

Conflict of interest

The authors declare no known conflict of interest.

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